Chelone glabra

White Turtlehead



A great plant for moist spots, with white flowers (often tinged purple) shaped like the heads of turtles above dark green foliage. Will thrive planted in wet meadows, or next to streams or ponds, but also does fine in ordinary garden soil as long as it doesn't get too dry. Self-seeds.

Suggested companions: swamp milkweed (Asclepias incarnata), sneezeweed (Helenium autumnale), blue

Bloom Time:

September

July

August

vervain (Verbena hastata), cinnamon fern (Osmunda cinnamomea). Photo Credit: Wisconsin State Herbarium.

Plant Type: Wildflower

1-6' Size:

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Water Tolerant: Somewhat

Habitat:

Wet Meadow Shrubby Wetland Streamside

Lake / Pond Shores

Forested Wetland

Wet Meadow

Exposure:

Rich Moist sun

Soil: Average Garden Soil

Very Damp/Wet

filtered

Groundcover:

by Robert W. Freckmann

Flower Color:

White

Other Attributes: Butterfly attracting

Plant in:

No